

GLENMORE YOGA & WELLNESS CENTER

500 Hour Advanced Teacher Training Program Application Form

1. Name _____

Address _____

City, State and Zip _____

Phone _____ E-Mail _____

2. How long have you been studying and practicing yoga? _____

3. Please provide the name of the 200-hour yoga certification program you attended. Attach a copy of your certificate of completion (not necessary if you completed Glenmore Yoga's 200 hour program).

_____ Date graduated _____

4. What types of yoga have you studied and for how long?

5. Please describe your regular yoga practice in terms of frequency and length of practice.

6. What is your knowledge of anatomy? Do you have background in other similar modalities, such as Physical Therapy, Personal Training, Pilates?

7. Are you currently teaching yoga? If so, where? What styles do you teach?

8. How long have you been teaching?

9. Please write a paragraph on why you wish to participate in our advanced 500 hour teacher training program.

Signature of Applicant

Date

